

Good News Children's Center Newsletter

August 1, 2010
Volume 3, Issue 8

Notes from the Office: Remember that the center will be closed on Friday, August 6th for the annual staff training day. This years training day, the staff will be doing First Aide & CPR in the morning and having a speaker in the afternoon on fun activities for kids. The center will also be closed on Monday, September 6th for the Labor Day holiday. So mark your calendars!!! We will be redoing the floors in the center over the next few weeks. We are still looking for volunteer to come in and help move furniture. If you can help please talk to Barb in the office.

Center Happenings: Water days at GNCC are as follows: Pre 1 & 2 on Wednesday mornings, Toddlers on Friday mornings, and Rooms 5 & 6 on Monday & Wednesday afternoons. Please have swimming attire here to change into.

Staff Updates: We have a number of new volunteers working in the classrooms. If there is a face there you don't recognize, feel free to ask the staff to introduce you.

From the Board of Directors: The board is looking for volunteers who would like to be part of our "Parent Association Group". This group would help the board plan family activities and some fun activities for the kids. Their first 2 big ventures are a Fall Harvest activity and then putting together a cookbook. If you or someone in your family is interested in helping out please stop in the office and let us know. We are now collecting recipes for our recipe book. So remember to bring in those recipes. Thanks for all of your continued support of the center.

Wish List Items: Infant and Toddler diapers, Kleenex, Paper towels, Heavy paper plates, Paper for the children to color/draw on (it can be recycled, but needs to be clean on one side) Scotch tape and Masking Tape, Clear contact paper

SEEDS Tip: Reading and Language: At Home

From: PBS Kids

Children spend a lot of their time at home. You can support your child's learning while you do daily chores. You can invite your child to help you, or you can provide an activity for your child to do close to you. That way, you can talk and listen to your child while you work.

Baby/Toddler

Pretty Picture. Make sure your baby has interesting things to look at while you are busy around the house. A colorful picture or a vase of flowers in front of her will get her attention. Her favorite thing to look at is you! As much as possible, place her where she can see you and hear you as you work. Talk to her about what you are doing using simple language like "Watching baby, watching baby, washing dishes, watching baby!"

Pots and Pans Music. While you work in the kitchen you can keep your baby close. Give her some light pots and pans of different sizes. Then give her a wooden spoon. She can make music while you use words like *loud, soft, bang, and tap*. Show her what the words mean by using your body and voice too. For example, when you say "That's so loud!" cover your ears. When you say "That's so soft!" speak in a whisper.

Recycle Problem-Solving. Toddlers love to create and solve problems using simple materials. Give your child some clean recycled items like cans of different sizes. Make sure there are no sharp edges. He will spend a long time fitting the cans inside of each other. As he works, introduce words like *small, medium, large, inside, and fit*.

Preschooler/Kindergartener

Super Shadows. Place a large sheet over a table so that it hangs down around the table. Show your child how to use a flashlight safely. Invite him to go into his cave under the table to make shadows. Use words like *dark, light, bright, night, shine, and shadow*. Notice words that rhyme like *light, night, and bright*. Add small toys and encourage him to make shadow shapes in his cave. Notice words that start with the same sound like *shine, shape, and shadow*.

Making Boats. Your child can use recycled materials to make boats. Collect items like foam meat trays, small pieces of cloth, toothpicks, craft sticks, tape, bottle caps, paper, and crayons. You will also need scissors. Help your child think about how he can use these materials to make a boat. "What will you use for the *bottom* of the boat?" "Will you make a *sail*?" Then, help him to make the boat. Later, he can use it in the bathtub. "Do you think it will *float*?"

Reading Corner. Make a small reading corner for your child. Put pillows and a soft blanket in a corner of the room where you are working. Add some of your child's favorite books, or some new books, for him to look at. Ask him to choose a book, look at the pictures, and tell you the story *in his own words*. Give him lots of encouragement for looking at books independently.

Pretend Party. Children love to play pretend. Invite your child to have a pretend birthday party. Provide paper and markers or crayons so she can make the *invitations*. "Who will you invite?" Write down the names of the friends she wants to invite. She can copy these names onto the invitations. Then decide on the *menu*. Explain that the menu means what food she will have at the party, just like the menu at a restaurant. "What will you wear to the party?" If possible, let her dress up. Then have a special snack and a party for two!



Good News Children's Center August 2010 Menu

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Cheerios, OJ, Milk Diced chicken on bun, baked beans, apple slices, milk Cheese & Crackers, Water	3 French Toast stick , applesauce, milk Ravioli w/ hamburger, California blend veggies, fruit cocktail, milk Cookie & Milk	4 English muffin, grape juice, milk Fish sticks, bakes sweet potato fries, pears, milk Orange slices, cracker, water	5 Cereal, cranberry juice, milk Noodles & Hamburger, corn, cantaloupe, milk Ranch Goldfish & milk	6 Center Closed	7
8	9 Cereal, OJ, milk Max Baked Cheese sticks, mixed veggies, honey dew & pineapple, milk Trail Mix & Milk	10 English Muffin, cranberry juice, milk Cheesy chicken & rice, broccoli, tropical fruit, milk Carnival Crunch, Milk	11 Coffee Cake, orange slices, milk Fish nugget, scalloped potatoes, peaches & milk Watermelon, wheat cracker & water	12 Bagel, grape juice, milk Beef stew, cheesy biscuit, applesauce, milk Bar & Milk	13 Cereal, Asst juices, milk Roast beef sandwich, sweet corn on the cob, banana Orange slices, bug bites, water	14
15	16 Cinnamon stick, grapefruit & orange sections, Milk Tuna salad on whole wheat bread, cheese slice, cucumber, tropical fruit, milk Nachos & Cheese, Milk	17 English Muffin, scrambled eggs, OJ, Milk Spanish rice, tortilla, pineapple & mandarin oranges, milk Cookie & Milk	18 Mini-wheat's, grapes juice, milk Turkey corn dog, baked beans, cantaloupe& honey dew, milk String cheese, cracker & water	19 Cinnamon roll, applesauce, milk DIY Pizza, green beans, fresh pears, milk Yogurt, granola & water	20 Bagel, cranberry juice, milk Hot Ham & cheese, zucchini strips, banana, milk Sun Chips & Grape juice	21
22	23 English Muffin, cranberry juice, Milk Brat patty on bun, baked sweet potato fries, fruit cocktail, milk Sun Chips, grape juice, milk	24 Pretzel stick, apple juice, milk Taco's with fixings, refried beans, peaches, milk Yogurt & Vanilla wafers & Milk	25 Mini- wheat's, juice & milk Turkey corn dog, beets, mandarin oranges & pineapple, Milk Mini- pretzels & grape juice	26 Cinnamon Roll, applesauce, milk Noodles with tomato sauce, Cheese sandwich on whole wheat, tropical fruit, milk Tortilla chips & Salsa, water	27 Bagel, orange & grapefruit sections, milk Turkey & Cheese roll up, fresh veggies, watermelon, milk Cookie & Milk	28
29	30 Cereal bar, apple juice, milk Hamburger patty on bun, baked beans, banana, milk Nachos & cheese, water	31 Baby cakes, applesauce, milk Goulash, green beans, fruit cocktail, milk Graham crackers, oranges slice & water	Notes:			

All menu's subject to change.